

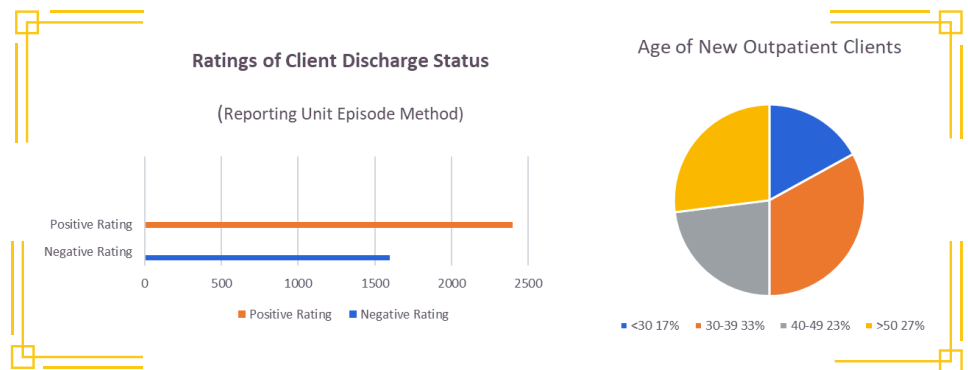
Options

NEWSLETTER

BREAKING THE CYCLE OF ADDICTION

OPTIONS' CLINICAL DATABASE

In 2024, Options board member Tom Trabin, PhD, MSM, a Senior Associate at Capstone Solutions Consulting, took a leave of absence from the board to consult with Options, helping to improve Options' capacity for clinical data gathering, storing, analyzing, and using for quality assurance and program enhancement. Options is now scheduled to begin a capacity development project, funded primarily by the Alameda County Department of Public Health, to engage Tom, Options staff, Touchstone Compliance, and Amity Development Services, to fully develop our clinical database capabilities and ensure security and compliance needs are met.



These two charts are examples of how the improved clinical database can be used to look at and analyze the various data from clients and counselors, used for program quality assurance.

Options clients are rated on their sobriety goals by their counselors when they leave a prescribed "episode" of care. This graph shows the number of "positive" and "negative" ratings for Options' clients over the past several years.

COMING SOON

OPTIONS' NEW WEBSITE

Options has a new website to be launched in January!

Please visit www.optionsrecovery.org to learn more about our programs and to provide your feedback and/or suggestions.

Options Recovery Services
Choose Options for Life

Who We Are | What We Do | News & Resources | Get Involved | Contact | Careers | [DONATE](#)

Helping People Reclaim Their Lives from Addiction

Since 1996

Options proudly celebrates nearly three decades of service to the Bay Area community, helping to break the cycle of crime, broken families, and homelessness caused by addiction. We are proud of our history, our donors, volunteers, and staff. Most of all, we are proud of our clients and graduates who have reclaimed their lives from addiction.

[SEE WHAT'S POSSIBLE](#)

People in Need Find These Programs at Options Recovery

Sneak peek of the Options' new website launching in January!

A LETTER FROM THE EXECUTIVE DIRECTOR

Season's Greetings,

I would like to sincerely recognize and appreciate Options Recovery Services staff, donors, stakeholders and members of the community who continue to support our mission of helping countless families and individuals redefine their relationship with addiction and create exciting, new clean and sober lives.

2024 has been an exciting year for Options. We increased participation in our perinatal recovery residence program and developed the outside area into a recreational area for mothers and their children; we grew our outpatient Substance Use Disorder treatment programs in Contra Costa County with an expanding clinic in Concord; and we grew our full-service reentry program for formerly incarcerated OMCP (Occupational Mentor Certification Program) counselors who are now training to become peer mentors engaged in community efforts to support healthy lifestyles, violence reduction, and youth mentoring in Oakland.

Throughout all this we have maintained and grown our core programs of Substance Use Disorder treatment and recovery residences in Alameda County, our Offender Mentor Certification Program in California prisons, and our community outreach and support programs in Berkeley and now into Oakland. We have maintained and grown our Recovery Through the Arts program, which funds this newsletter and provides support for clients and staff to employ the arts to improve their life journeys. And we have added to our safe and sober Housing Program, which provides secure supportive housing for adults in Oakland and Berkeley, by acquiring additional housing and new community partners.

I hope every person part of the Options family has a very happy holiday season, filled with joy, gratitude and good health. Best wishes in 2025 and I look forward to another year at Options Recovery Services, as we continue in our mission of helping those who otherwise would not receive our much-needed services.

Warm Regards,

- Justin Phillips, LMFT, MAC, Options' Executive Director



OPTIONS' BOARD OF DIRECTORS

Options co-presidents Susan Champion and Bill Joyce continue in their joint presidency, and Susan Bookman Koerber continues as secretary. Treasurer John Ottoboni resigned from the board, and board member Rick Sweeney was elected the new treasurer. Village of Love Executive Director Joey Harrison joined the board, and board member Tom Trabin took a leave of absence from the board to serve as a consultant to Options Executive Director. Melissa Martin, who joined the board in 2023, was appointed to Tom Trabin's former role as chair of the board's Clinical Data Committee.



Options welcomes our newest Board member, Joey Harrison

OPTIONS' FINANCES

In 2024, both Options assets and Options annual budget exceeded \$12 million for the first time. Options has grown for an organization with approximately half this amount of assets and annual budget in just the six years since 2018. Options continues to grow and to explore new ways to pursue our mission to break the cycle of addiction that causes crime, homelessness and broken families.

| Audited FY 2023-2024 Income | |
|-----------------------------------|------------|
| \$12,121,883 | |
| Government Contracts | 87% |
| Business Income | 2% |
| Grants and Donations | 11% |
| Audited FY 2023-2024 Expenditures | |
| \$11,780,136 | |
| Treatment and Referral | 79% |
| Housing Program | 13% |
| Administration | 7% |
| Fundraising | 1% |



News around Options

SUD Treatment

In 2024 Options continued to provide Substance Use Disorder treatment at outpatient clinics in Berkeley, Concord, Oakland, and San Leandro, and co-occurring Substance disorder and mental health treatment in Berkeley and Oakland. Over the past year, Options has admitted over 800 clients into its Outpatient Services (up to 9 hours per week) and Intensive Outpatient Services (9 to 19 hours per week)



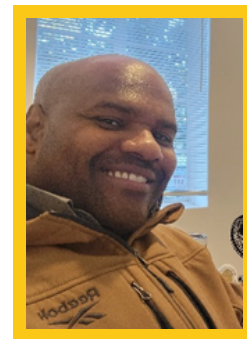
Kitchen Remodel at King Street

Options thanks its supporters at the William G. Irwin Foundation and the HEDCO Foundation for capital improvements at the residences, such as the kitchen remodel shown at our King Street recovery home.

Over the past year, Options has continued to provide safe and drug/alcohol/tobacco-free recovery residence services in Berkeley and Oakland for our SUD clients. Over the past year, Options has housed an average of approximately 125 adults each night in its 10 recovery residences.

Reentry Services

George Smith was named director of reentry services, with responsibility for overseeing the Academy of HOPE (Healing Opportunities and Personal Enrichment) and grant-funded reentry projects such as Options' Adult Warm Handoff and Reentry through the Arts programs. Options' reentry programs serve clients who have been incarcerated in California, providing job training and career growth opportunities in areas of peer support, substance use counseling, community outreach, and careers in the technical arts. Graduates from the Academy of HOPE are eligible to pursue career opportunities at Options' programs and recovery residences as well as opportunities at other treatment programs and community agencies. George Smith (shown here) will represent Options at Impact for Justice's National Conference in Philadelphia, in December 2024. Options is one of six programs nationwide chosen by Impact for Justice for its first-ever National Housing Incubator Award!



In-Prison Programs



OMCP Graduation at Solano State Prison

Options provides in-prison programs for inmates to address addiction. In Options' Occupational Mentor Certification Program (OMCP), inmates are trained as certified addiction mentors to help other inmates while they also address their own addictions. Currently there are 448 OMCP mentors working at 31 prisons throughout the state. Over the past year, 140 inmates have graduated from the program, passed their California certification exams, and have been assigned to prisons and/or released on parole to continue offering mentoring and counseling help for others addressing addiction. Options also provides a treatment and recovery program in Alameda County's Santa Rita jail for inmates with addictions.

Community Outreach: Mobile Wellness Encampment Program

Set to begin in the next few weeks, Options, with a contract from the City of Berkeley, will be providing mobile community outreach services to community centers, city residents, and homeless encampments. This innovative program will be providing onsite screening for treatment eligibility and will be bringing services to people in need rather than just referring people to other agencies. The program will be staffed by "Navigators" with lived experiences and trained by Options.



Options' Outreach Team provides community outreach services for up to 300 community residents per year

Voices of Recovery: September 2024 Graduates

At Options, we celebrate recovery! Every day, every month and every year is a milestone. These graduates continue to be examples that the cycle of addiction can be broken.

“It's my 4th time coming to Options and I always have been welcomed back with open arms. I wouldn't have made it without the support of the staff who looked out for me like family. The saying from Options is “Let us love you until you can love yourself” That's what I feel Options has given me.”

- Debbie D.

“I want to thank Options for providing me the safe space to heal, grow and learn because of that I never felt judged, and was able to share and grow so easily.”

- Anny M.

“I want to thank Options for investing the time in me to recover, and heal, and providing me the tools, and emotional intelligence to keep moving forward.”

- Isaiah B.

“When I came in here, I was lost and defeated and had found a new hope and a new way of life.”

- Nick C.

You're invited to help us celebrate our Options' Graduates at the



**DECEMBER 13TH, 2024
4:30 P.M.**

We will broadcast via
Facebook and Options' website!

PLEASE CONSIDER SUPPORTING OPTIONS:

Write a check or donate online

Send a check to Options Recovery Services, donate one time or become a recurring donor online at www.optionsrecovery.org. For questions, contact Porter Sexton, Development Director, at 408-393-0089 or email psexton@optionsrecovery.org. Approximately 90% of Options' funding comes from government contracts. The remaining 10% comes from business income and from donations from people like you. Your donations help to provide the necessities that support our clients on their roads to recovery.

Donate gently used furnishings, appliances, & housing items

Bring items to Options' Allston Way office on Friday afternoons or contact Barbara Madeiros, Housing Director, 510-666-9552x123 or email bmadeiros@optionsrecovery.org.

Volunteer your time

Help with our office support, development, and/or facility maintenance and improvement. Contact Dianna Beamon, Manager of Human Resources, at 510-666-9552x119 or email dbeamon@optionsrecovery.org.

Sponsor a graduation ceremony

A great way to promote your church, business or community organization. Contact Porter Sexton, Development Director, 510-666-9552x129 or email psexton@optionsrecovery.org.

Contract for drug testing services

Ensure your workplace or activity is drug-free by contacting Kim Chavez, Director of Administration, at 510-519-6880 or email kchavez@optionsrecovery.org.



VISIT US ON SOCIAL MEDIA:

