In FY 2023-24, Options received over \$45,000 in individual cash contributions, over \$290,000 in foundation and corporate contributions and over \$235,000 in in-kind contributions. Options is especially grateful to our major contributors in FY 2023-24.

# Options' FY 2023-24 Major Donors

- · Bernard and Alba Witkin Charitable Foundation
- · Episcopal Impact Fund
- · Hedco Foundation
- · Lowell Berry Foundation
- · Northbrae Community Church
- St. Clement's Episcopal Church
- · St. Mark's Episcopal Church
- St. Timothy's Episcopal Church
- · University of California at Berkeley Chancellor's Fund
- West Davis and Bergard Foundation
- Witkin Charitable Trust
- · William G. Irwin Foundation

# Please consider supporting Options Recovery Services. <u>Volunteer your time:</u>

Help with office support, development, and/or facility maintenance and improvement by contacting Dianna Beamon, Human Resources, 510-666-9552 x119 or email <a href="mailto:dbeamon@optionsrecovery.org">dbeamon@optionsrecovery.org</a>

#### Donate gently used furnishings & housing items:

Bring items to Options' Allston Way office on Friday afternoon or contact Barbara Madeiros, Housing Director, 510-666-9552 x125 or email <a href="mailto:bmadeiros@optionsrecovery.org">bmadeiros@optionsrecovery.org</a>

#### Write a check or make an on-line donation:

Send a check to Options Recovery Services, donate on-line at <a href="https://www.optionsrecoveryservices.org">www.optionsrecoveryservices.org</a> or contact Porter Sexton, Development Director, 408-393-00809 or email <a href="mailto:psexton@optionsrecovery.org">psexton@optionsrecovery.org</a>

Platinum
Transparency
2024

#### Candid.

Candid is a national organization comprised of both GuideStar and the Foundation Center. Candid provides the public with information about non-profit organizations in the United States. For FY 2023-24, Options' earned Candid's Platinum Transparency rating, their highest rating, for the information provided.

#### **Financials**

Audited FY 2023-20	024 Income
\$12,027,8	40
Government Contracts	93%
Business Income	2%
Grants and Donations	5%

Audited FY 2023-2024	Expenditures
\$12,027,8	40
Treatment and Referral	77%
Housing Program	13%
Administration	9%
Fundraising	1%

Since its founding in 1997, Options has increased services and added funding from an array of sources. Options is supported by and grateful for service contracts with Alameda County Behavioral Health Care Services, Alameda County Probation Department, Alameda County Social Services, Contra Costa Health Care Services, Superior Court of California, California Department of Correction and Rehabilitation, City of Berkeley, and the California Board of State and Community Corrections.

# Options Leadership

#### **Board of Directors**

Susan Champion, JD, Co-President, Attorney, Three Strikes Project, Stanford University

Bill Joyce, Co-President, Retired Teacher, Berkeley Unified School District

Rick Sweeney, Treasurer, Mortgage Broker

Susan Bookman Koerber, Secretary, retired Superior Court of California, Director of Pretrial Services

Lawrence Fisher, Options Volunteer Case Manager

Sol Irving, retired CDCR counselor

Melissa Martin, Ph.D., Chief of Research and Evaluation

Sarah Shannon, Executive Director, Hesperian Health Guides

**Tom Trabin, PhD,** Behavioral Healthcare Executive Consultant and Licensed Psychologist

#### Executive Director

Justin Phillips, LMFT, MAC, Licensed Marriage and Family Therapist

#### **Honorary Chair**

Martin Sheen, Golden Globe & Screen Actors Guild Award-winning Actor



# FY 2023-2024 Annual Report

In 2023-2024, Options celebrated its 26th year providing recovery services. Options launched its Community Outreach programs, providing credible messengers and outreach navigators to neighborhoods and individuals in need of assistance. Pictured are Options community outreach staff for the City of Berkeley.



# OUR MISSION is to break the cycle of addiction that causes crime, homelessness and broken families.

1835 Allston Way Berkeley, CA 94703 (510) 666-9552

1300 East 14<sup>th</sup> Street San Leandro, CA 94577 (510) 925-4005 1470 Civic Court, Suite 100 Concord, CA 94520 (925) 270-1444

> 1630 10<sup>th</sup> Street Oakland, CA 94607 (510) 666-9501

www.optionsrecovery.org

#### Outpatient, Intensive Outpatient, and Recovery Support Services 79,365 hours of service in FY 2023-24

Clients are guided through a program that best suits their needs at each point of their recovery. Focus is on skill building, identifying denial patterns, anger management, self-discovery, relapse prevention, and building healthy relationships. Clinical services are provided by licensed/license-eligible therapists and certified/registered counselors.

**Outpatient Services -** Treatment for men and for women is offered for less than 9 hours per week. The program offers treatment and educational groups, treatment planning, referrals, case management, and discharge services. Outpatient services are offered in the morning, afternoon, and evening. A Spanish-speaking group is available and accessible.

**Intensive Outpatient Services** –Intensive outpatient services are provided for 9 to 19 hours of treatment per week, offering treatment and education groups, treatment planning, referrals, crisis intervention services, case management, and discharge services. Co-occurring specific treatment is available.

**Recovery Support Services** – Recovery support services include case management, peer support, housing referral, court liaison, transportation support, clinical and hospital referrals, on-site drug screening, job readiness and employment support, and assistance with insurance and government matters.

Outpatient Services, Intensive Outpatient Services, and Recovery Support Services are available at Options sites in Berkeley, Concord, Oakland, and San Leandro.

Berkeley	Concord	Oakland	San Leandro	
14,232 hours	15,358 hours	18,179 hours	31,596 hours	

#### Drug Testing Services 14,161 (with 2,564 positive results) Client Drug Tests in FY 2023-24

Drug testing via urinalysis is done at our in-house, state-of-the-art laboratory in Berkeley. Clients are tested regularly, as part of their treatment program services. Samples are collected at all Options clinical sites and are securely transported to our laboratory in Berkeley for processing.

#### Inmate Services 142 OMCP Mentor Trainees in FY 2023-24

Options trained 142 individuals in seven California prisons in the Occupational Mentoring Certification Program. 140 passed all exams and became registered interns, and 70 were paroled/released from prison.

#### Recovery Residence Services 45,333 Bed-nights for 380 clients in FY 2023-24

Options operates nine sober recovery residences in Berkeley and Oakland, housing up to 140 clients per night primarily through public funding at little or no direct cost to the client. In FY2023-24, Options opened a new 25-room facility in Oakland dedicated as the Thomas Gorham Center to house reentry clients.



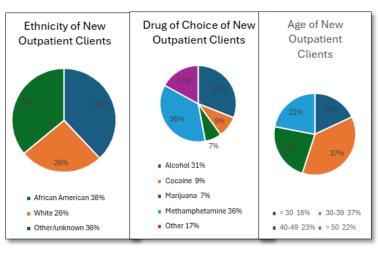
Nine Options clean and sober recovery residences

## **Options' Vision**

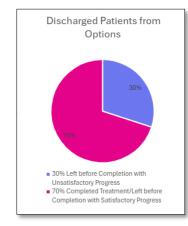
Our vision is that one day, society will deal effectively and compassionately with addiction and recovery. Every drug-dependent person will have easy and immediate access to addiction treatment and recovery support services, with a resultant decrease in crime, homelessness, and family dysfunction.

### **Options' Clinical Data Reports**

In FY 2023-24, Options served 376 new adult clients in our Alameda County outpatient programs: 37% were women; 2% non-English speaking; and 95% with income below the poverty line.



In FY 2023-2024, 501 clients were discharged from Options' SUD treatment in Alameda County.



By comparison, more than 60,000 clients are discharged from publicly funded treatment throughout California each year.

Of the clients statewide, about 50% are rated as having completed treatment or left before completion with satisfactory progress, and the remaining 50% were rated at discharge as having not made satisfactory progress.

A substantially higher percentage of Options' clients receive positive outcome ratings at discharge as compared to their cohorts throughout the state.